

WELCOME TO

Houston

# JULY

## *SYANPSE*

HOSA ILC  
Expo

Arizona ILC  
Placers

People we  
met!

Pin Trading

Workshops

What's to  
Come

Arizona HOSA 2024

# HOSA ILC EXPO



## BLOOD DRIVE

*The Gulf Coast Regional Blood center set up a blood drive at the expo. On the last day, the appointment books were all filled up. It was amazing to see the HOSA members' willingness to serve our community in this capacity.*

## ARMY EXHIBIT

*The United States Army had a fun exhibit complete with a drunk google test, a boxer punch machine, and a competitive army medic game. They included army officers to talk about their careers in the medical field.*



## ANATOMAGE

*The Anatomage table is a state of the art virtual dissection platform. This table is used for a team competition that is used to test knowledge of anatomical structures. The winners of the secondary competition was Femoral Fattele - Lakota West High School*



# COLLEGES

*There were over 25 colleges and universities that support HOSA, including the National Academy of Sports Medicine, The School of medicine - Uniformed Services University, Campbell University, and Arizona State University College of Health Solutions.*



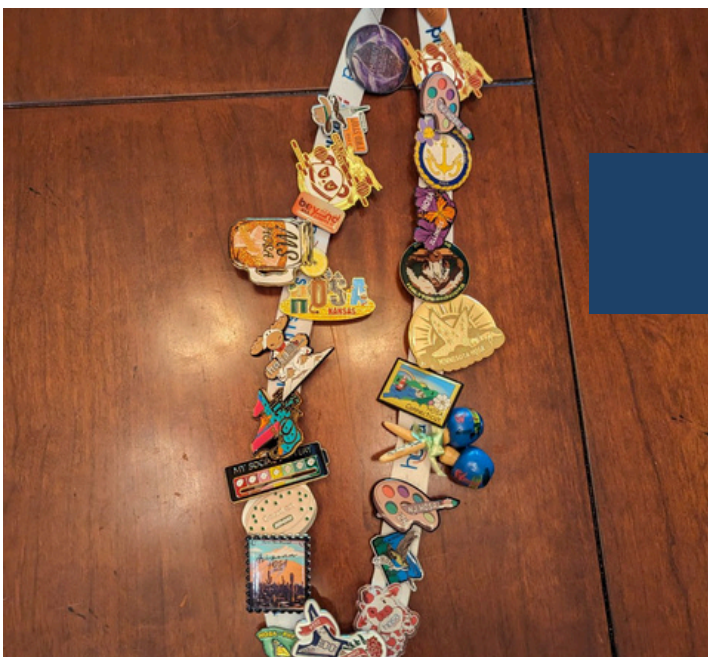
# CAREERS

*Hundreds of different career pathways were represented at the expo. Physical therapy, nursing, optometry, psychiatry, phlebotomy, medical engineering, military, and many more were introduced to HOSA members.*



# PIN TRADING

*As with any other spot at HOSA ILC, the Expo was buzzing with the business of pin trading. The HOSA shop was selling its own pins that were being used to trade as well!*



# ARIZONA ILC PLACERS

## Leadership

**RESEARCH POSTER:**  
VIJETHA LOGAPRABHU

**SPEAKING SKILLS:**  
AMBER PETRIE

**PREPARED SPEAKING:**  
SECOND PLACE: KEVEN EVANS  
THIRD PLACE: ANGELA SUTTON

## Teamwork

**COMMUNITY AWARENESS:**  
CAVIT VET SCIENCE

**FORENSIC SCIENCE:**  
CORONA DEL SOL

**PARLIAMENTARY PROCEDURE:**  
DOUGLAS HIGH SCHOOL  
BIOMEDICAL

**PUBLIC SERVICE ANNOUNCEMENT:**  
WEST MEC SOUTHWEST  
PHYSICAL THERAPY

## Emergency

**EPIDEMIOLOGY:**  
THIRD PLACE: ANA-YULISA VASQUEZ

**PUBLIC HEALTH:**  
DOUGLAS HIGH SCHOOL  
BIOMEDICAL



ATC TESTERS

## Biology

Rima Bala



## Career Development

Amber Petrie



## Math for Health Professionals

Surbhi Chandak

Mia Vargas



## HealthScience

**DENTAL TERMINOLOGY:**  
SARAH MORA WILSON

**HEALTH INFORMATICS:**  
SECOND PLACE: ARCHANA GURUDU

**MEDICAL LAW AND ETHICS:**  
SHYAM SATHISAN

**MEDICAL READING:**  
RYDER DEFFINBAUGH

**MEDICAL MATH:**  
FIRST PLACE: MIA VARGAS

**NUTRITION:**  
SECOND PLACE: LILAH MANFREDI

**PHARMACOLOGY:**  
CELESTE RAMIREZ

## Professions

**BIOTECHNOLOGY:**  
MIHIKA SREENIVASAN  
SIMONE MCCAY

**HOME HEALTH AIDE:**  
DIANA CAMPOS  
SECOND PLACE: SARAH DELGADO

**NURSING ASSISTING:**  
KYLIE GRIST

**PHARMACY SCIENCE:**  
GIANNA AMATO  
JEANNETTE SAUCEDO

**PHYSICAL THERAPY:**  
SADIE KRIZAN  
SECOND PLACE: KENNEDY CLEMONS

**SPORTS MEDICINE:**  
RACHEL SUMNER

**VETERINARY SCIENCE:**  
THIRD PLACE: DEIDRA PLATT

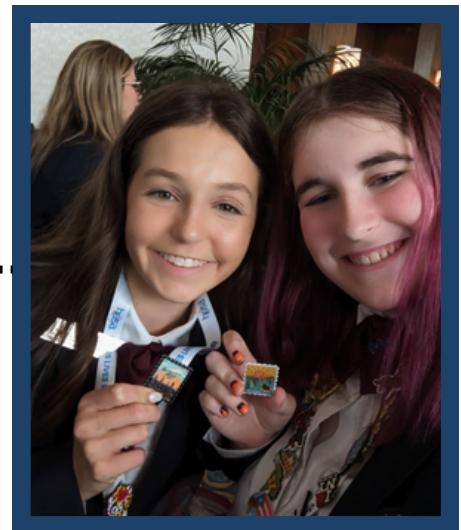


# Pin Trading



At ILC, every state gets a signature pin to represent them designed by a member. Then, attendees at ILC have the opportunity to network and trade with each other. This years arizona pin is an homage to postage stamps and the saugoro cactus

The Arizona and Tennessee pins were matching postage stamps this year; something celebrated by ILC attendees!



While at the expo, HOSA members excitedly exchanged Arizona pins for exciting international pins such as the signature panda bear from China.

# PEOPLE WE MET

»»» Throughout the Conference, Arizona HOSA had the chance to meet members from all over the world! From China to Florida, Korea to Puerto Rico, your SEC connected with peers, advisors, and other health professionals.



Networking with US Public Health Service officials after an informative anti-vape workshop!



Running into some members from Denmark High School in Georgia at the airport!

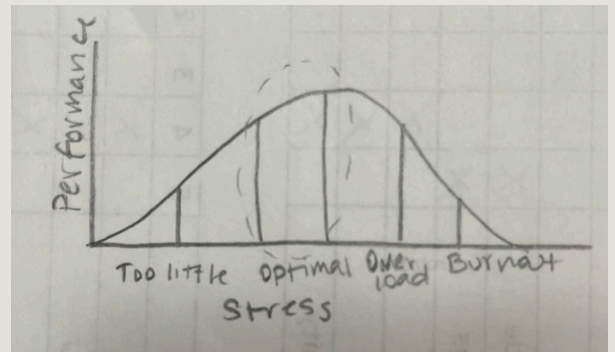
HOSA students from around the globe posing with some Arizona HOSA swag!





# BEATING BURNOUT THROUGH SELFCARE STRATEGIES

This workshop was built to equip students with the necessary self-care techniques to identify and alleviate stress. The workshop encouraged individuals to do at least 1 self-love activity everyday; a self-love activity can be as simple as doing your nails, playing a video game, or hanging out with friends - it is just something you enjoy doing!



## PUBLIC HEALTH WORKSHOP

*"We we were taught more about public health and what it means, we were also given a public health problem to work in groups, ours was on how to decrease the amounts of homeless people in emergency rooms. My group decided on a designated place where the homeless can set up there tents as well as a traveling clinic that can help with their potential sickness. We would also set up a soup kitchen close by so then they can get nourishment that they need to survive. Overall I learned a lot about public health and how to use it to help everyone!" - A statement from a workshop attendee.*

# WORKSHOPS

A recap of workshops your Arizona HOSA State Officer Team attended during the International Leadership Conference!

## VAPING/E-CIGARETTE DANGERS

During this workshop, the public health issue of Vapes/E-cigarettes was discussed. We learned about the hard facts and truths about these products but also about how we can be proactive in our communities and help prevent the usage of these devices.

## STARLA'S HANDS-ON BODY SYSTEMS: MAKING OF A HUMAN BEING - EMBRYOLOGY

*"I learned about human fetal development in its earliest stages, at a chemical, biological, and anatomical level." - A student expressing what she learned by attending this workshop.*



## POTIONS, PILLS, AND POSSIBILITES WITH A CAREER IN PHARMACY

This workshop explored the specializations and education tracks required for careers in pharmacy!



# REMINDERS & WHAT'S TO COME...

- Subscribe to our Youtube Page (@arizonahosa2765) & check out our most recent ILC Videos
- Stay tuned for some more Youtube content
- Begin planning your local chapter's upcoming HOSA Year (Program of works, what conferences you will attend, chapter visits, etc.)
- Follow our instagram page (@azhosa) for all announcements

