

August Synapse

Arizona HOSA

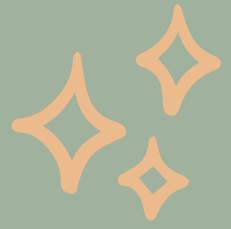


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REMINDERS

- ✓ Follow [@azhosa](#)
on instagram!
- ✓ Subscribe to
[@arizona
hosa2765](#) on
youtube!





Back to School



With school starting back up this month, here is a guide on how to get involved with HOSA this year!

- **Have your advisor register your chapter for upcoming conferences, such as FLC.**
- **Follow AZ HOSA on social media, to stay updated on new opportunities, deadlines, and promotions.**
- **Start competing in competitive events, participating in Barabara James Service Award, and designing contests.**
- **Attend informational zoom calls, throughout the year.**
- **Complete Individual Membership Awards.**
- **Run for local, regional, and state leadership positions.**
- **Apply for Student/Chapter spotlights, monthly.**
- **Apply for AZ HOSA and HOSAFHP scholarships.**





Heat Safety

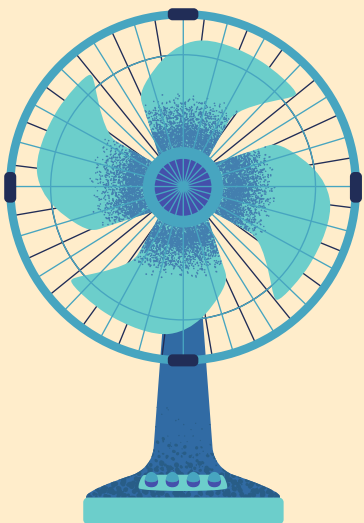
With all of these extreme heat advisories, its a good idea to remember the importance of heat protection and safety!



Sunscreen should be worn even when driving and indoors, don't forget your hands and neck!



Hydrate, hydrate hydrate! Make sure to always have a water, especially when outside.



Staying indoors is a surefire way to stay out of the heat. Libraries and recreation centers frequently have cooling stations to take a break from the sun



PATHS TO BE A DOCTOR AROUND THE WORLD



EUROPEAN UNION

- Go straight to medical school from high school
- Enroll in university for 6 years (free for some of the European Union citizens depending on the country)
- Graduate with an MBBS (MD equivalent)
- Have at least 6 months of supervised training to practice independently
- Specialty training is another 3-6 years of study and job training supervised by a registered specialized physician

ASIA

- Go straight to medical school from high school
- Enroll in university for 5-6 years
- Graduate with an MBBS (MD equivalent)
- Some countries, like India, require a year internship out of medical school
- Complete a 3-6 year residency (length depends on the specialty)



AUSTRALIA

- Go straight to medical school from high school
- Enroll in university for 5-6 years
- Must complete 1 year of an internship
- Graduate with an MBBS (MD equivalent)
- Complete a 1-2 year residency
- Specialty training is another 3-7 years of study and job training supervised by a registered specialized physician

SOUTH AMERICA + AFRICA

- Go straight to medical school from high school
- enroll in university for 6-7 years
- graduate with an MBBS (MD equivalent)
- complete a 3-5 year residency (length depends on the specialty)



How to start a middle school chapter

Must feed into a high school with a health science CTE program

You must have admin approval

Requirements

Must be sponsored by that high school

You must have at least 5 members and 1 advisor

Chapter Visits



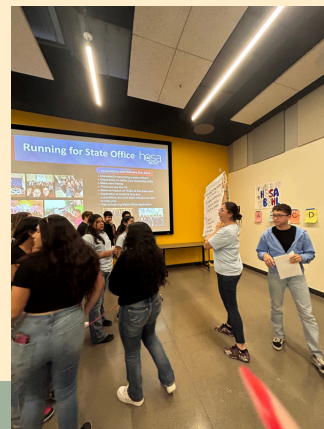
REQUEST A CHAPTER VISIT TODAY!!

HOW?

- ✓ Express and discuss your interest in having a chapter visit to your advisor and chapter
- ✓ Go to <https://www.azhosa.org/chapter-visit>
- ✓ Click on the 24-25 Chapter Visit Request Form
- ✓ A State Executive Council member will reach out via email and we can discuss a time, date, and details from there!

WHY?

- ✓ Motivate your chapter for the year
- ✓ Encourage students to join HOSA
- ✓ Deepen members understanding of the organization
- ✓ Network with state officers
- ✓ Learn about new opportunities



Tips for promoting your chapter on campus

The most important component in creating a successful HOSA chapter is the members! Here are some helpful hints that will assist you in increasing your chapter's membership this year!

- Advertise your meetings on school announcements using fun colors and catchy songs!



- Incorporate hands-on activities into your meetings so members stay engaged and excited!

- Avoid scheduling meetings on half-days or days prior to holiday breaks where students may be absent!

